

Jobs description and specific

Counselling Post (Gambling)

## Job Title: Counsellor/Psychotherapist

Reports to: Clinical Manager, Turas

Location: Turas, 59 Clanbrassil Street, Dundalk

Hours: 17.5 hrs per week

Salary: €45894 pro rata

Duration: 1 year contract

## Introduction

With funding from the Gambling Awareness Trust Turas is now in a position to offer a part-time counselling post.

Turas is a not-for-profit community addiction service based in Dundalk, Co. Louth. We work with people from across the North East who struggle with addiction issues.

Through motivational work, harm reduction, one-to-one counselling and group therapy we support clients to deepen their recovery and forge new lives for themselves.

Our aim is to create a warm, welcoming and non-judgemental space where people can receive support with their addiction.

## Our values:

Acceptance – we understand the unique challenges and experiences of each individual Compassion – we provide a welcoming, compassionate

## And trusting environment Dignity –we respect and support people to develop their own potential

Principal Duties and Responsibilities	<ul> <li>To undertake service provision of assessments and counselling interventions for those affected by problem gambling and to advise on specialist referral where appropriate (treatment services, GP's, psychiatry etc).</li> </ul>
	<ul> <li>To undertake a variety of therapeutic interventions and support, demonstrating innovative and good practice at all times with clients.</li> </ul>
	<ul> <li>Identify risk factors and current supports available and develop an appropriate action plan in partnership with the client.</li> </ul>
	<ul> <li>To provide advice around harm reduction promoting a healthier lifestyle at all times.</li> </ul>
	<ul> <li>To support GPs, primary healthcare workers and other disciplines in the management of Gambling Addiction in their own area of work.</li> </ul>
	<ul> <li>To deliver training and education programmes as required.</li> </ul>
	<ul> <li>To maintain accurate, confidential records of clinical practice.</li> </ul>

	<ul> <li>To maintain statistics on contacts and activity. And co-operate with patient information statistical returns and data collection.</li> <li>To operate within all the policies and procedures and guidelines as stipulated by TURAS Counselling Services and your own professional regulating body.</li> <li>To participate in clinical supervision for support and guidance</li> <li>To actively participate in team meetings.</li> <li>To be flexible regarding working hours in line with the needs of the project.</li> </ul>
Eligibility Criteria	<ul> <li>Third level qualification in Counselling / Psychotherapy.</li> </ul>
Qualifications and/ or experience	<ul> <li>An accredited member of a professional body such as IACP, BACP, IAHIP, IAAAC, (or other recognized professional accrediting body).</li> </ul>
	<ul> <li>Two years experience working in the addiction field</li> </ul>
	<ul> <li>Ideally previous experience in facilitating groups.</li> </ul>
Skills,	Knowledge
competencies	<ul> <li>Demonstrate an understanding of the</li> </ul>
and/or	causes and symptoms of Gambling
knowledge	Addiction issues including prevention strategies and need and risk assessment.

<ul> <li>Demonstrate ability to plan, coordinate, implement and evaluate client care.</li> </ul>
<ul> <li>Demonstrate experience of case management and confidential record keeping practices.</li> </ul>
<ul> <li>Demonstrate experience of working across multi-disciplinary teams.</li> </ul>
<ul> <li>Knowledge of evidence based practices for working with addiction, in particular gambling addiction.</li> </ul>
<ul> <li>Experience of working with clients in a community setting.</li> </ul>
Skills
<ul> <li>Analytical and problem solving skills.</li> </ul>
<ul> <li>Ability to manage case files on an independent basis.</li> </ul>
<ul> <li>Ability to work co-operatively as part of a team.</li> </ul>
<ul> <li>Time management skills.</li> </ul>
<ul> <li>Ability to consult, liaise and negotiate with clients, carers, family members and other professionals.</li> </ul>
Organising
<ul> <li>Demonstrate administrative ability incorporating an understanding of existing</li> </ul>

	organisational structures and reporting relationships.
	Communication and Interpersonal Skills
	<ul> <li>Demonstrate high levels of interpersonal and communication skills.</li> </ul>
	<ul> <li>To foster positive working relationships with partner agencies and organisations.</li> </ul>
	• Demonstrate effective presentation skills including the ability to present information in a clean and concise manner, the ability to facilitate and manage groups.
Other requirements specific to the post	Commitment to participation in CPD continuing professional development in relation to gambling training in Ireland
	<ul> <li>Garda Clearance</li> <li>At all times to adhere to the Guidelines for Best Practice as defined by the IACP / BACP / IAHIP.</li> </ul>
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